

# **Time & Energy**

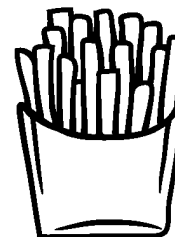
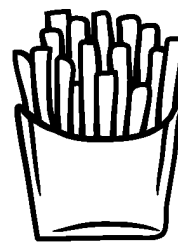
**Start-Grow-Scale model**



Affiliate promotions



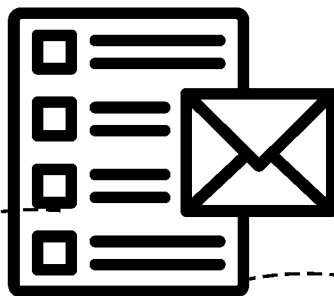
Continuity



Upsell



Downsell



segmenting



Consistently Seen

Subscribe for freebie

Service/Program

# Fastest track to Health Business Success

1



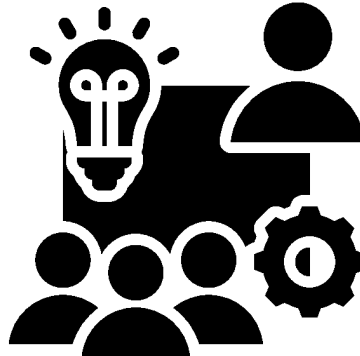
**make the call. book the appt. sell the coaching.  
one-on-one premium coaching**

# PROVEN program, strategy, track record

1



2

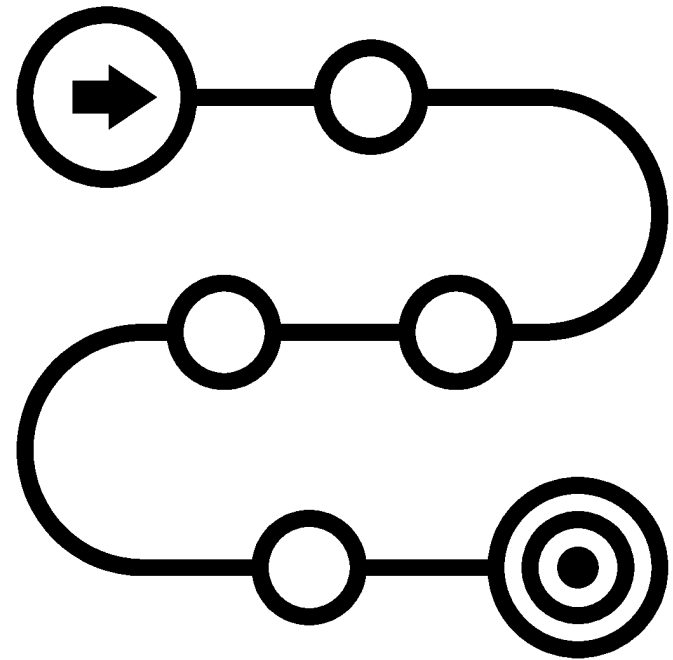
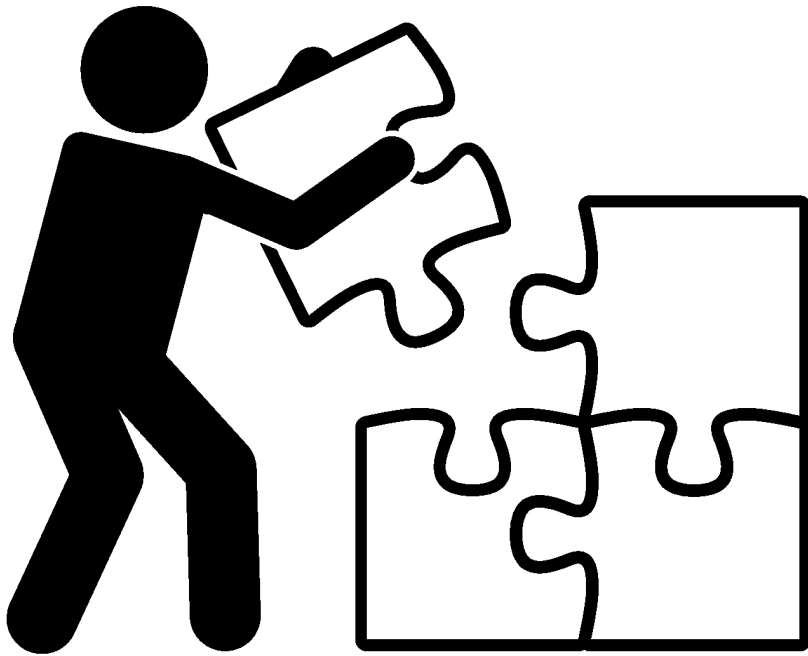


3



Live with individuals or small groups.  
repeated to test, tweak, test...  
Proprietary Method.

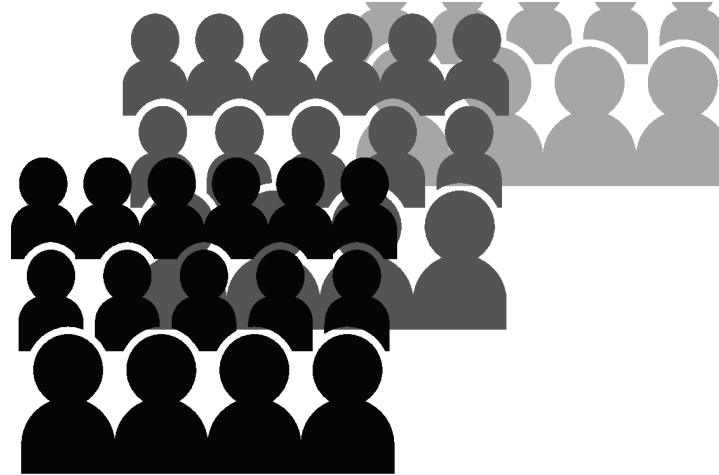
# Use those opportunities....



quickly develop a business with profit that can stay  
there that a bank would invest in  
remember course math.



private	1000	4/mo	4000/mo	
	2000	4/mo	8000/mo	
	5000	4/mo	20k/mo	
	5000	1/mo	5000/mo	



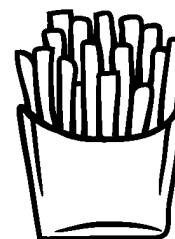
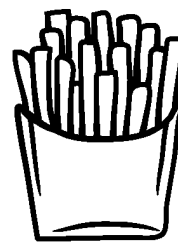
program	100	40/mo	4000/mo	
	200	40/mo	8000/mo	
	500	40/mo	20k/mo	
	1000	10/mo	5000/mo	



Affiliate promotions



Continuity



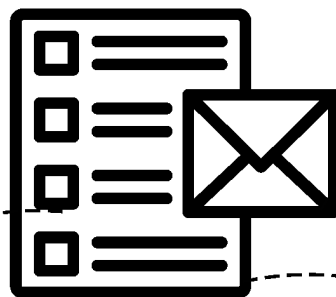
Upsell



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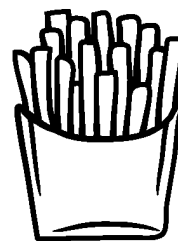




Affiliate promotions



Continuity



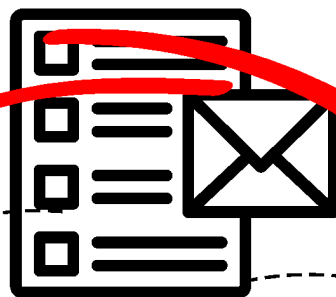
Upsell



Downsell



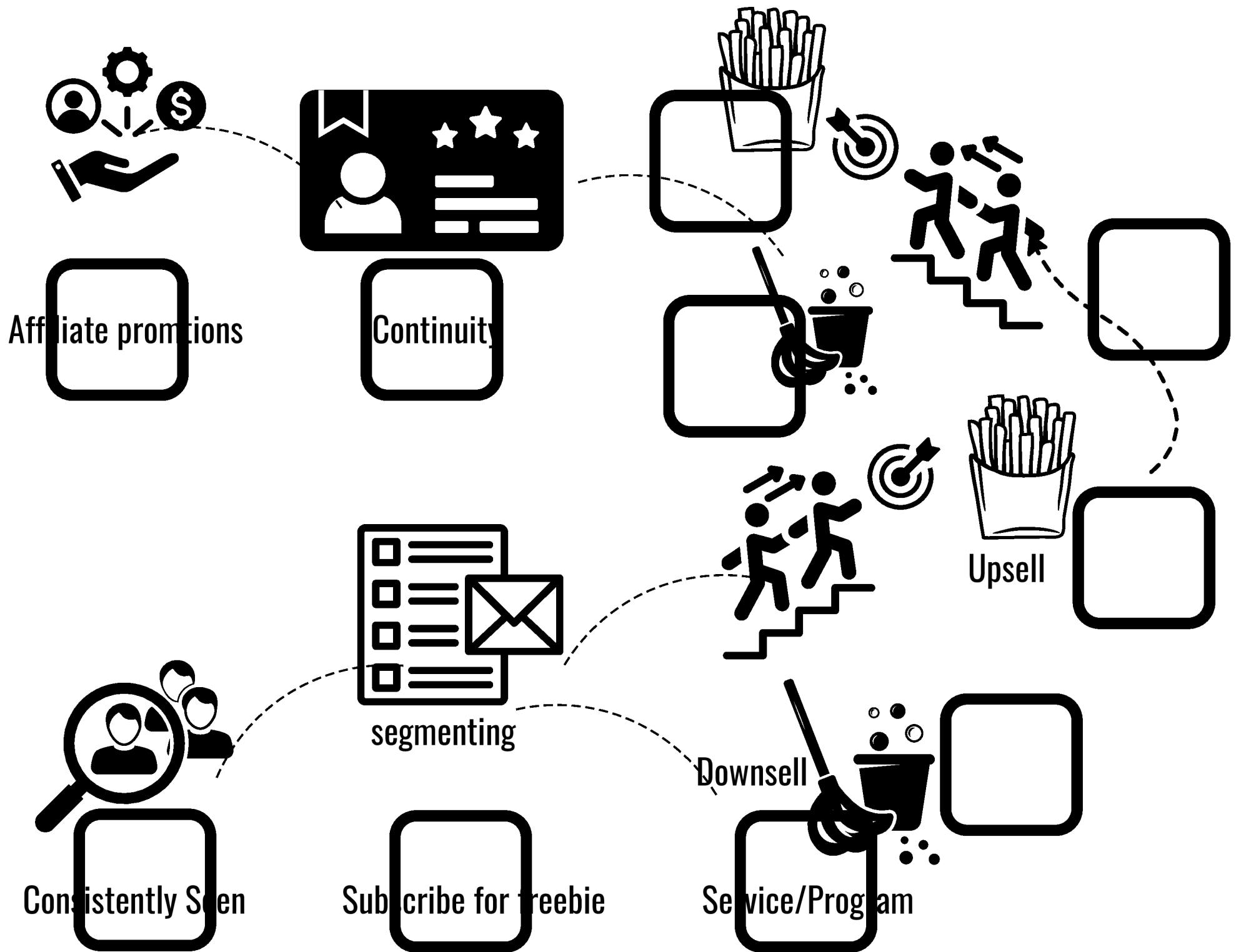
Consistently Seen



segmenting

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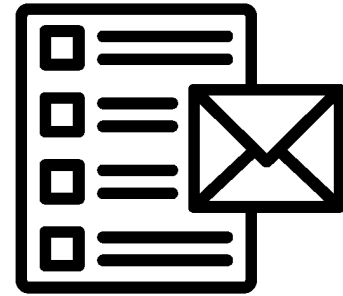
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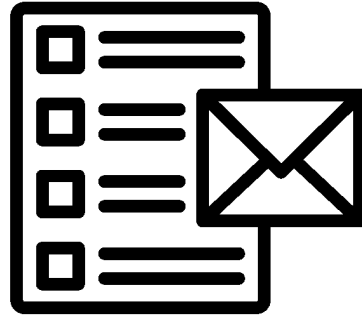
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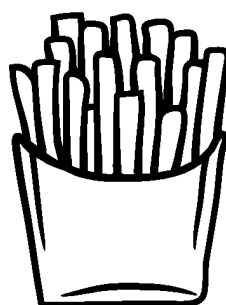
# SEGMENTING

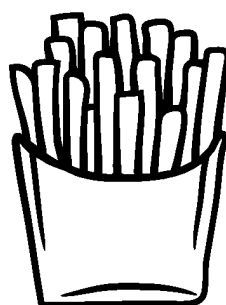
**Tag based on activity: opted in for xyz, talk ABC, Seen on news, partner lead**

**Once in a program, excluded from other emails  
by use of a specific tag applied or removed**

**If you share content in more than one area of expertise and people enter your email for a specific area, keep their content to that specific reason they got on your list otherwise you're confusing them.**

**If you share content in more than one area of expertise and people enter your email for a specific area, keep their content to that specific reason they got on your list or make absolutely sure that you bridge between them.**







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# **Success Habits**

**99% of people won't do:**

- 1. make a daily call**
- 2. book consultations**
- 3. make conversions**

**If not, ask why.**

**Did you think it wasn't going to require conversations?**

**Is it imposter syndrome?**

**Identify the resistance to the solution so you can fix that.**



# **3 Big Cs**

**1. conviction**

**2. commitment**

**3. congruency**

**why not?**





## Date

# Activities

## Result

## Add

## Remove

